

FAIR PLAY CODE FOR COACHES

- 1 I will be reasonable when scheduling games and practices, remembering that athletes have other interests and obligations.
- 2 I will teach my athletes to play fairly and to respect the rules, officials and opponents.
- 3 I will ensure that *all* athletes get equal instruction, support and an opportunity to compete.
- 4 I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that athletes compete for enjoyment and must be encouraged to have confidence in themselves.
- 5 I will make sure that equipment and facilities are safe and match the athletes' age and abilities.
- 6 I will remember that athletes need a coach they can respect. I will be generous with praise and set a good example.
- 7 I will obtain proper training and continue to upgrade my coaching skills.

FAIR PLAY CODE FOR ATHLETES

- 1 I will train and compete because I want to and not just because my parents or coaches want me to
- 2 I will play by the rules and in the spirit of the game.
- 3 I will control my temper - fighting and "mouthing off" can spoil the activity for everyone.
- 4 I will respect my opponents.
- 5 I will do my best to be a true team player.
- 6 I will remember that winning isn't everything - that having fun, improving skills, making friends and doing my best are also important.
- 7 I will remember that coaches and officials are there to help me . I will accept their decisions and show them respect.

FAIR PLAY CODE FOR SPECTATORS

- 1 I will remember that athletes play sport for **their** enjoyment. They are not playing to entertain me.
- 2 I will not have unrealistic expectations. I will remember that these are amateur athletes and cannot be judged by professional standards.
- 3 I will respect the officials' decisions and I will encourage participants to do the same.
- 4 I will never ridicule an athlete for making a mistake during a competition. I will give positive comments that motivate and encourage continued effort.
- 5 I will condemn the use of violence in any form and will express my disapproval in an appropriate manner to coaches and event officials.
- 6 I will show respect for my team's opponents because without them there would be no game.
- 7 I will not use bad language, nor will I harass athletes, coaches, officials or other spectators.

